

**Kristen Maahs**



**EDUCATION**

**Bachelor's Degree of Science, Health Science**  
California State University Fullerton

**December 2016**  
Fullerton, CA

**Associates of Arts, Liberal Arts**  
Santa Ana College

**June 2014**  
Santa Ana, CA

**RELATED EXPERIENCE**

**Community Outreach Specialist**  
*Alzheimer's Orange County, Irvine, CA.*

**September 2014-present**

- Design and recommend strategies for engaging individuals in the community
- Train and supervise student interns
- Maintain strong communication network with community members, government, and healthcare organizations
- Facilitate caregiver support groups
- Assist with monthly interfaith program
- Present health information to the public on disease awareness and advance care planning
- Provide administrative support for the Orange County Strategic Plan on Aging Senior Food Security and Nutrition Subcommittee
- Co-lead on the Orange County Report on Older Adults  
<http://www.ocagingplan.org/agingreport/>

**Caregiver**  
*Self-Employed*

**January 2010-August 2016**

- Assisted with activities of daily living, such as bathing, feeding, and transferring (walking)
- Aided with multiple chronic diagnosis (including Alzheimer's disease, diabetes, and congestive heart failure)
- Administered medications according to physician's instructions

**Emergency Department Registration Clerk**  
*Mission Hospital/South Coast Medical Center, Laguna Beach, CA.*

**March 2005-January 2010**

- Processed patient registration and insurance verification, collection of co pays and deposits
- Worked with medical team to coordinate appropriate medical facility admissions
- Conducted financial screening of emergency room patients as appropriate
- Answered telephone call and directed to appropriate staff or department

**Leadership**

**President of the Anaheim Historical Society**  
**Board of Directors of the Orange Friendship Club**

**August 2019-present**  
**February 2018-present**